



## Yarmouth Age-Friendly Minutes

April 6, 2022 | *Meeting called to order by Gerry Bedard at 3:40 PM*

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### In Attendance

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Gerry Bedard	Linda Colby	Nancy Murray
Chris Morin	Drew Krauss	Jan Hively
Sharon Ladley	Dianne Kane	Nicole Bohane

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Approval of Minutes: None

### New Business

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#### **SENIOR SERVICE UPDATE:**

The Outing Group, met at the Yarmouth House and they were very thankful for the outing and the socialization. Next Outing is April 20th at the Whyda Pirate Museum at 1:00.

The Walking Group was supposed to start this morning. With the weather the group decided to postpone it until next week.

FOYCOA sent daffodils to the homebound with the help of ESCCI/MOW's. The homebound were surprised by this nice gesture and wrote thank you notes.

The building is closed this week due to mechanical issues in the building. We will be open next week.

#### **SOCIAL SERVICES UPDATE:**

Hoarding Group couldn't meet last week.

Will be delivering FTC meals to Homebound.

#### **AFCT UPDATES:**

Gerry: Let's all go to the Outing Group

IG Garden Update: 30 kids, horticulture department at Bray Farm then the Senior Center.

Next Milestone has articles saying we need more members, we need new ideas.

Gerry- We can try for a couple of high school students to assist with the individual ideas.

Drew confirmed he wants to be the Rep for the Disability Committee. VOTE ALL IN FAVOR

Jan-Civic Prep meeting on the 13th. Please send out written report right after the meeting.

Gerry asked if schools are allowing volunteers etc., in the schools yet?

**SUSTAINABLE GOALS** presented by Dianne Kane

1<sup>st</sup> Goal to address: Good Health and Well Being.

Subsequent Goals: Sanitation, Affordable Clean Energy, Quality Education, Climate Action, Life Below Water, Life on Land, Gender Equality.

Chris suggested Abuse Coalition having a variety show to kick off the Sustainable Goals.

Sharon-Suggest three months on each goal, to go deeper. Need an action plan?

Chris-Choose Action Items

Planning will be Dianne, Jan and Chris.

Jan Outer Cape Health Care, they're working on more locally grown food.

Chris-Good for the hunger and good health and well-being.

Dianne suggests a Health Fair to kick things off, or a Summit with several people, on-stage addressing the different aspects.

Jan suggested one meeting a month dedicated as just a workshop.

Next meeting is on the 20th of April. Take a few minutes for business and then the rest regarding the goals or rest to work on the workshop.

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Next Meeting

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April 20, 2022 at 3:30pm

Meeting adjourned at 4:55 PM