

# 2016 SUMMER BROCHURE



**FLAX POND ADVENTURE PROGRAM**  
**DAY SAILING PROGRAM**  
**RACING SAILING PROGRAM**  
**YOUTH SWIM LESSONS**  
**TENNIS LESSONS**  
**SUMMER HOOPS**  
**TAICHI**  
**KARATE**  
**YOUTH GOLF CLINIC**  
**YOUTH GOLF PROGRAM**  
**LET'S GO FISHING CLINIC**  
**LIFEGUARD TRAINING**  
**MOVIE NIGHTS**

**REGISTRATION IS OPEN**

**Yarmouth Parks & Recreation** Tel: 508-398-223 | ex 1520  
 424 Route 28 Fax: 508-790-9152  
 West Yarmouth, MA 02673

**Register online (see registration directions on page 2)**  
**or call us and we will assist you.**

Email: [recreation@yarmouth.ma.us](mailto:recreation@yarmouth.ma.us)

Website: [www.yarmouth.ma.us](http://www.yarmouth.ma.us)

Like us on FaceBook: [Facebook.com/YarmouthParks.Recreation](https://www.facebook.com/YarmouthParks.Recreation)

## REGISTRATION

### General Information:

- Registrations will be accepted at our office Mon-Fri , 8:00am - 4:00pm at 424 Route 28 in West Yarmouth or online 24 hours a day at [www.yarmouth.ma.us](http://www.yarmouth.ma.us)
- All registrations are accepted on a first come first serve basis. Participation in one session does not guarantee enrollment in any other session.
- The guardian must have proof of residency in Yarmouth to receive the corresponding rate.

### Payment:

- Payment in full for a program is due upon receipt of registration; by cash, check or credit card. Please make checks payable to "Yarmouth Recreation".
- There is a \$30 fee for returned checks.
- **Checks are not accepted within 14 days of a program starting.**

### Cancellations:

- The Parks & Recreation Division reserves the right to cancel or re-schedule programs, events or trips. Every attempt will be made to schedule make-up dates for programs cancelled due to inclement weather.
- Cancellations will be posted on our weather line at 508-398-2231 ext. 1528 and on Facebook (Yarmouth Parks & Recreation).

### Online Registration:

- Register and pay online at [www.yarmouth.ma.us](http://www.yarmouth.ma.us)

### Directions:

click on **Town of Yarmouth Recreation > Government > Parks and Recreation > Click here to register for programs online.** You will be directed to the Parks & Recreation Registration Home Page. Feel free to browse the website for program information. When you are ready to register simply click on "**Register**" located at the top of the page.

### Refunds:

- Refunds will be granted for documented medical reasons only.
- Refunds must be requested in writing and include any necessary documentation such as a physician's restriction note.
- There will be NO refunds if the participant is removed from a program due to discipline problems.
- Refund requests for any other reason will be reviewed and may have a cancellation fee of up to 50% applied.
- Non-medical requests, if granted, will result in a credit applied to your account for future use.



## **FLAX POND ADVENTURE PROGRAM**

### **Traditional Summer Program for the Next Generation**

### **June 27 - September 2, 2016**

*Flax will be a Free Lunch Site for the Summer of 2016*

**Flax Pond Recreation Phone Number : 508-760-4815**

Flax Pond Recreation Program is an 8 week summer program broken into weekly sessions for children entering grades 1- 9. The children participate in a variety of daily activities such as kayaking, canoeing, archery, swimming in the fresh water kettle pond, sports, arts & crafts, wellness programs, a low elements initiatives area, and a nature program with live animals. The program operates every day, rain or shine. Each child is required to bring a healthy snack and beverage in a protective container. Children should also have additional clothing in case of a sudden change in temperature. Sun block, insect repellent, and hats are recommended. **Closed toe shoes are required.** For the full calendar of events, please see the website. **A copy of the child's vaccination record must be submitted at the time of registration,** if not already on file.

Monday – Friday **8:00am - 4:00pm**

**For Grades 1 – 6** (Grade child enters in Fall 2016)

**Cost: \$125** per week (resident)    **\$155** per week for (non-resident)

#### Extended Care

Cost: \$24/hour

#### Flax Session Dates

<b>Week 1:</b> June 27-July 1	<b>Week 2:</b> July 4 - 8	<b>Week 3:</b> July 11 -15
<b>Week 4:</b> July 18 - 22	<b>Week 5:</b> July 25 - 29	<b>Week 6:</b> Aug 1 - 5
<b>Week 7:</b> Aug 8 - 12	<b>Week 8:</b> Aug 15 - 19	

**KIDS CARE WEEK: August 22 - August 26**

**SCHOOLS IN: August 29 - Sept 2**

For **Grades 1 - 6**    **Cost: \$125.00 (resident), \$155 (non-resident)**

Extended Care is available; see charges above

**(fees prorated Wed, Thur, Fri if school is delayed)**

#### EXPLORER & ADVENTURER PROGRAM

**Grades 7, 8 & 9: Cost \$140 per week \$170.00 (non-resident)**

This grade level has activities that are in tune with teen interests. Weekly field trips are taken to such places as the beach, baseball games, bowling, & ice skating. Two on site overnights are offered each summer. A calendar of events is available online. Trips are subject to change or cancellation due to weather, staffing and safety. No older than 14 yrs old.

**Dates and extra care rates run the same as the regular Flax Program.**



## **DAY SAILING PROGRAM**

**June 27 - August 19**  
**Youth and Adult Instructional Sailing**  
 Englewood Beach, West Yarmouth

This instructional program is designed to teach the basics of sailing to novices. The Parks & Recreation Division provides qualified instructors who teach how a sail works, parts of the sail, knotting techniques, docking and moorings procedures, and basic nautical terms. Sailors use Cape Cod Knockabouts each day. "Chalk Talks" take place on the beach during inclement days when sailing is not recommended. This is a great program for families as well as individuals.

Class size allows for 28 sailors per session. Ages 7 and up.

### **Monday – Friday**

#### **Available Class Times:**

Class 1: 7:45am - 9:45am

Class 2: 10:00am - 12:00pm

Class 3: 1:00pm - 3:00pm

**Cost: \$115** per week - resident

**Cost: \$145** per week - non-resident

**Week 1:** June 27 - July 1

**Week 2:** July 4 - 8

**Week 3:** July 11 - 15

**Week 4:** July 18 - 22

**Week 5:** July 25 - 29

**Week 6:** Aug 1 - 5

**Week 7:** Aug 8 - 12

**Week 8:** Aug 15 - 19

### **All Sailing Participants Must HAVE Their Own Life Jackets.**

We recommend U.S.C.G. approved Type III for maximum comfort and mobility. A "swim test" with life jackets will be given on the first day for all children under 16 years of age. Sunscreen, closed-toed footwear and appropriate clothing are required.

*Prepare to get wet and have fun!*



## **RACING SAILING PROGRAM**

**June 27 - August 19**  
**Youth and Adult Racing**  
 Englewood Beach, West Yarmouth

**Level I:** 8:00am – 11:00am For sailors that have sailing experience, but now want to develop their racing skills.

**Level II:** 12:00pm – 3:00pm For advanced skilled sailors or those sailors who have participated in the Level I Racing Program or have had Regatta Racing experience. Class size is limited. Professional coaching assists this program.

### **Weekday Racing Classes**

**Cost: \$135** per week (resident) **\$165** (non - resident)

Week 1: June 27 - July 1

Week 2: July 4 - 8

Week 3: July 11 - 15

Week 4: July 18 - 22

Week 5: July 25 - 29

Week 6: Aug 1 - 5

Week 7: Aug 8 - 12

Week 8: Aug 15 - 19

There is a **\*\$25 fee per week** for the use of our boats. This is for the maintenance of the boats. If you do not pay the boat fee, **you must use your own boat for this program.**

If you would like to store the boat you are using at the Sailing Center, you must purchase a permit/sticker at our office and affix it to your boat. **Sticker Fee: \$105** for the season (June-Columbus Day)

"Chalk Talks" will be held on the beach during inclement weather or when sailing is not recommended. Lasers, Vanguard 420's and Cape Cod Knockabouts will be utilized and the course will cover setting spinnakers and match racing against other programs on Cape Cod. **A special Wednesday night series is available for an additional cost of \$40.00 for the season.**

The Yarmouth Recreation Sailing Program will host the Junior National Knockabout Regatta the weekend of August 5th at Englewood Beach. There will be other regattas for 420's as well and the annual Yarmouth Recreation Laser Invitational in August. *Additional fees apply for regattas. Cost varies per race!*



### YOUTH SWIM LESSONS

**July 11 - August 11**

**Beginner (5&up) & Advanced Swimmers**

*Seagull Beach, 125 Seagull Rd, West Yarmouth*

Certified Water Safety Instructors teach this American Red Cross Instructional Swim Program. All classes will run in 45 minute increments. Instructors will make every effort to keep the children in the water as much as possible but daily conditions will dictate how much time the children will spend in the water.

**Beach Parking fee is NOT included with lessons.**

In the case of inclement weather; Weather Hotline 508-398-2231 ext.1528

**Cost: \$20 per week (Monday - Thursday)**

10:30am - 11:15am      11:30am - 12:15am      1:30pm - 2:15pm

Week 1: July 11 - 14

Week 4: Aug 1 - 4

Week 2: July 18 - 21

Week 5: August 8 - 11

Week 3: July 25 - 28



### TENNIS LESSONS

**June 27 - August 18**

*Sandy Pond Tennis Courts, Buck Island Road, West Yarmouth*

Come and learn the basic rules and skills of tennis. This program is designed to introduce everyone to the fun and healthy benefits of the sport. Our Instructor, Bill MacDonald (PTRTP), Professional Tennis Registry Teaching Professional for 15 years, oversees all classes.

**Cost: \$30 per week (Monday—Thursday)**

9:00am - 10:00am	Adults
9:00am - 10:00am	13 - 16 year olds
10:00am - 11:00am	10 - 12 year olds
11:00am - 12:00pm	6 - 9 year olds

Week 1: June 27 - 30

Week 5: July 25 - 28

Week 2: July 4 - 7

Week 6: Aug 1 - 4

Week 3: July 11 - 14

Week 7: Aug 8 - 11

Week 4: July 18 - 21

Week 8: Aug 15 - 18

\*Friday Rain Date



### SUMMER HOOPS

**July 5 - August 26 (Tues & Thurs)**

**Youth Boys & Girls Gr. 2-10**

*Peter Homer Park, Old Townhouse Rd, South Yarmouth*

Come join us in an hour long basketball session. This program is designed to assist players in improving their basketball skills through drills and scrimmage games.

Tuesday & Thursday Evenings

**Cost: \$30 per session**

Session 1: July 5 - July 28      Session 2: August 2 - August 25

#### **Grade Divisions**

**2nd - 3rd grade: 5:45pm**

**4th - 5th grade: 6:45pm**

**6th - 7th grade: 7:45pm**

**8th - 10th grade: 8:45pm**



### TAICHI

**May 2 - June 20**

**July 11 - August 29**

**September 4 - October 24**

*Lorusso Lodge at Flax Pond, 31 Dupont Ave, South Yarmouth*

Monday Evenings 6:00pm - 7:30pm

**\$85 per session**

Guang Ping Yang Taichichuan is the Yang family's secret Taichi form. It is known throughout the world for its health benefits and promotes youthful flexibility, wellness and a happier healthier life style.



### KARATE

**May 3 - June 21**

**July 12 - August 30**

**Sept 5 - October 24**

*Lorusso Lodge at Flax Pond, 31 Dupont Ave, South Yarmouth*

Tuesday Evenings 6:00pm - 7:30pm

**\$85.00 per session**

Beginners age 5 to adult start with stretching, karate kata's, basic kicks, blocks and punches as well as basic jujitsu holds and history of martial arts.



### **YOUTH GOLF CLINIC**

**July 12-13, August 9-10**

Bayberry Hills Driving Range

Yarmouth Golf and the Parks & Recreation Division have teamed up to sponsor a FREE golf clinic for children ages 9 - 14. This is an introductory session conducted by the Yarmouth Golf Division staff. Fundamentals covered in this period of instruction will include grip, stance, swing, chipping, putting and driving.

**Session I:** July 12th & 13th

**Session II:** August 9th & 10th

Tuesday & Wednesday

9:00am – 11:00am

Bring your own clubs or borrow ours!



### **YOUTH GOLF PROGRAM**

**July 6 - August 17**

Sandy Pond Soccer Field, Buck Island Road, West Yarmouth

Instructed by PGA Pro and Teaching Professional, Jim Rondeau, USGTF.

**COST: \$25.00**

**Wednesdays**

9:00am - 10:00am ~ 6 - 10 year olds

10:00am - 11:00am ~ 11 - 14 year olds

The first two sessions will be held at the Sandy Pond Soccer Field. A final three week schedule will be provided which will include a driving range time and a 2 hole course at the end of the program.

Space is limited to the first 20 sign ups per age group.

## **LET'S GO FISHING CLINIC**

**Youth Ages 7-15**

**August 16th, Tuesday**

**10am-1pm**

*Bass River Beach Fish Pier*

Learn how to tie knots and cast out your line. Find out how to read and follow fishing regulations and why we even have them. See what kind of fish are in your local waters and even create some fishy artwork to take home!

**Cost: FREE**

**Rain Date:** August 17th

*Registration opens April, 16th*

*Pre-registration is required and space is **LIMITED**.*

Check the Division of Marine Fisheries website to register

[www.mass.gov/marinefisheries](http://www.mass.gov/marinefisheries)

or contact Maren Olson for more information:

[maren.olson@state.ma.us](mailto:maren.olson@state.ma.us)

978-282-0308 ext. 167

### **IMPORTANT:**

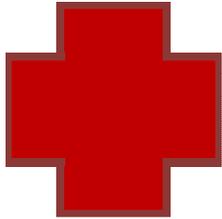
Parents and/or guardians must stay with their participating angler throughout the fishing clinic. Younger and older family members are welcome, but cannot participate in the fishing portion of clinic.

**Beach parking sticker will be required.**

**Marine Fisheries**  
Commonwealth of Massachusetts



## LIFEGUARDS



### Lifeguard Information

Yarmouth Recreation is looking for Certified Lifeguards for the summer of 2016 and has been given a grant to assist with payment for lifeguards in need of certification in order to work for the Town of Yarmouth.

Please contact the Recreation Office at:  
recreation@yarmouth.ma.us.

We are looking for Water Safety Instructors for the upcoming summer:

#### **Water Safety Instructor Certification:**

If you are looking to become certified as a Water Safety Instructor, we are looking for more instructors for the upcoming summer.

Camp Wingate Kirkland will be holding a class.

Tuesday June 14th to June 17th, 8:00am - 4:00pm

Cost: \$400.00

There is assistance for payment of these classes if you are looking to work for the Town of Yarmouth!



## MOVIE NIGHTS

All movies start at dusk.

Bring your chairs, blankets, & snacks!

**Movies have changed will update when confirmed**

### MOVIES ON THE BEACH

Bass River Beach - Volleyball Court Area  
220 South Street, South Yarmouth

**June 28<sup>th</sup>** (rain date 29<sup>th</sup>) – **Cartoons and TBD**  
*(in conjunction with the Summer Kickoff Festival Ice Cream Social)*

**July 20<sup>th</sup>** (rain date 21<sup>st</sup>) – TBD

**August 3<sup>rd</sup>** (rain date 4<sup>th</sup>) – TBD

**August 17<sup>th</sup>** (rain date 18<sup>th</sup>) – TBD

### MOVIES IN THE PARK

Peter Homer Park Soccer Field  
144 Old Townhouse Road, South Yarmouth

**July 13<sup>th</sup>** (rain date 14<sup>th</sup>) – TBD

**July 27<sup>th</sup>** (rain date 28<sup>th</sup>) – TBD

**August 10<sup>th</sup>** (rain date 11<sup>th</sup>) – TBD

**August 24<sup>th</sup>** (rain date 25<sup>th</sup>) – TBD



## Yarmouth Beach Locations

### CAPE COD BAY

**Bass Hole** (Gray's Breach) - 400 Center Street, Yarmouth Port MA 02675

Located off Center Street via Route 6A. Picnic area and playground can be found at this site. The famous boardwalk is located over the salt marsh. Picnic area available for rent.

### PONDS

**Flax Pond** - 31 Dupont Ave, South Yarmouth, MA 02664

Off White's Path on Dupont Ave off Exit 8. The site is for the town's summer camp program. Property closed to public June 30th through Aug 29th: Monday - Friday, 8am-4pm. Property equipped with basketball court, tennis court and softball field.

**Sandy Pond** - 482 Buck Island Road, West Yarmouth, MA 02673

Near West Yarmouth Fire House on Buck Island Rd. Tennis courts, basketball court, softball and soccer field and walking paths.

**Dennis Pond** - 105 Summer Street, Yarmouth Port, MA 02675

On Route 6A heading towards Barnstable, take a left onto Summer Street at the sharp curve in the road.

**Long Pond** - 123 Indian Memorial Dr., South Yarmouth, MA 02664

Located on Indian Memorial Drive via Station Ave at Wings Grove Park. Property equipped with playground and basketball court.

### NANTUCKET SOUND

**Bayview** - 175 Bayview Street, West Yarmouth, MA 02673 - No Lifeguards

Take first left onto Bay View Street (road to Cape Cod Hospital) when heading into Hyannis on East Main Street. Beach and parking lot are located at the end of the road.

**Colonial Acres** - 49 Standish Way, West Yarmouth, MA 02673 - No Lifeguards

Located at the end of Standish Way off Route 28. Look for brown Colonial acres sign on the left, just beyond the Yarmouth House as you head towards Hyannis.

**Englewood** - 24 New Hampshire Rd., West Yarmouth, MA 02673 - No Lifeguards

Located at the end of Berry Ave. Heading towards Hyannis take a left at the intersection of Higgins Crowell Rd and Rte 28. This site hosts the town's Sailing Program.

**Seagull Beach** - 125 Seagull Road, West Yarmouth, MA 02673

Yarmouth's largest beach area, located off Route 28 on South Sea Ave. This is a pay beach with a parking lot, dunes, concession and small boardwalk onto the beach.

**Parker's River** - 157 South Shore Drive, South Yarmouth, MA 02664

Take Seaview Ave off Route 28 near the Yarmouth Moose Lodge, then take a left onto South Shore Drive. This is a pay beach with playground and large parking lot. Concession.

**Bass River** - 220 South Street, South Yarmouth MA 02664

Located on South Shore Drive, this pay beach features a picnic area, food concession, 3 volleyball courts, a fishing dock and a boat ramp. The locals call this Smuggler's Beach!

**South Middle** - 265 South Shore Drive, South Yarmouth MA 02664

A "Yarmouth Resident Only" beach located off South Shore drive. A RESIDENT parking sticker is required.

**Seaview** - 125 South Shore Drive, South Yarmouth MA 02664

Take Seaview Ave off Route 28 near Yarmouth Moose Lodge and take a left onto South Shore Dr. This is a pay beach.

**Thatcher Beach** - 61 South Shore Drive, South Yarmouth MA 02664—No Lifeguards

Take Seaview Ave off Route 28 to the end.

## Picnic/Wedding/Event Rental Information

**Picnic Areas:** Bass Hole & Flax Pond  
\$110.00 (picnic area only) \$85.00 (non-profits)

**Beach Weddings:** Available April through October  
\$110 (with permit)



**Events:** Lorusso Lodge at Flax Pond  
Wedding Receptions, Conferences, Birthdays, Family Gatherings  
508.398.2231 ext. 1521 recreation@yarmouth.ma.us



### SUMMER NEWS



## YARMOUTH SUMMER CELEBRATION KICK-OFF

June 25th - July 1st

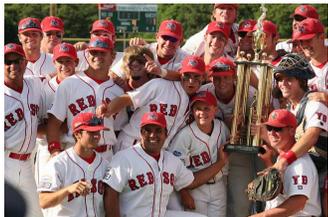
- Sand Sculptures    Yoga Fest    Bass River Farmer's Market
- Cape Adult Sports League    Nature Walk    Kite Night
- Salsa Dancing    Full Moon Fishing Clinic
- Ice Cream Social    Sandy Feet Beach Walk & Fun Run
- FIREWORKS    Art Paint Class
- Y-D Red Sox vs. Mariners    Y-D Red Sox vs. Firebirds

<http://yarmouthsummercelebration.com>

<https://www.facebook.com/YarmouthSummerCelebration>

### YARMOUTH - DENNIS RED SOX

Season Opener JUNE 10th



<http://www.ydredsox.pointstreaksites.com>

### Beach Wheelchairs Available for Public Use

Beach wheelchairs are available at Bass River Beach and Seagull Beach for public use. These chairs have been provided by the Rotary Club of Yarmouth, The Dennis Yarmouth Women's Club and SMILE MASS to provide assistance to all beach patrons to access the water. Please ask the booth attendants to contact the lifeguards and the chairs will be brought to you.

**Use is free and shared by all during the day.**

### CONTACT

#### Yarmouth Parks, Recreation & Cemeteries

424 Route 28

West Yarmouth, MA 02673

508.398.2231 x1520    recreation@yarmouth.ma.us

#### Parks, Recreation & Cemetery Staff

**Patricia M. Armstrong**..... x1520

Director of Parks & Recreation

**Mary C. Franklin**..... x1522

Assistant Director of Recreation

**Dave Carlson**..... x1502

Parks Supervisor

**Mona Solmonte**..... x1525

Administrative Supervisor

**Ruthie Nee**..... x1520

Principal Office Assistant

**Kate Beaman**..... x1521

Event Supervisor

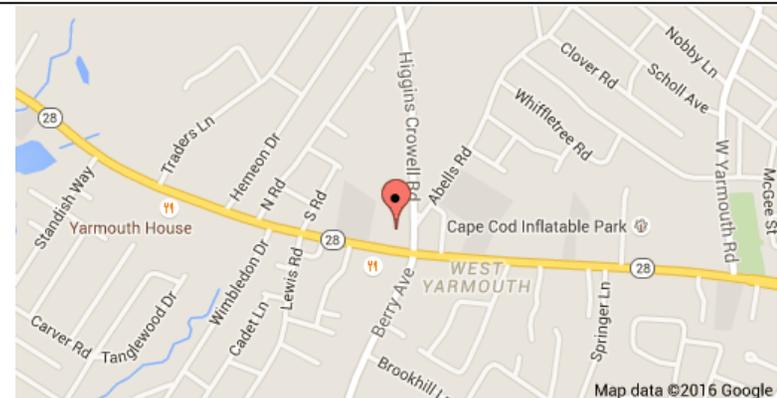
#### Yarmouth Recreation Commission

Dorcas McGurrin, Chairman    Deborah Clark, Vice Chairman

Dennis Lucier    Joshua Medeiros    Steve Sozanski

Mary-Ann Agresti    Matthew Andrews    Paul Deignan

The Yarmouth Recreation Commission is comprised of interested residents who are appointed by the Board of Selectman for a three-year term. Community members interested in serving should contact the Town Administrator's Office for a Talent Bank Form. The Commission meets the 2<sup>nd</sup> Wednesday of each month at 6:00pm in Hearing Room A at Yarmouth Town Hall, 1146 Route 28, South Yarmouth.



**Yarmouth**  
Cape Cod.  
Within Reach.



# Upcoming Events

**NORTH EAST SANTAS CONVENTION** **APRIL 29-MAY 1**  
www.thenortheastsantas.com

**SONS OF ERIN 5K RUN/WALK TO THE SEA** **MAY 14**  
www.stpatricks5kbeachrun.org

**TAYLOR BRAY FARM SHEEP FESTIVAL** **JUNE 12**  
www.taylorbrayfarm.org

**14TH ANNUAL 5K RUN/WALK FOR THE ARTS** **JUNE 18**  
www.cultural-center.org

**YARMOUTH SUMMER CELEBRATION KICK-OFF** **JUNE 25-JULY 2**  
www.yarmouthsummercelebration.com

**CELEBRATION OF THE ARTS FESTIVAL** **AUGUST 5-7**  
www.cultural-center.org

**FANTASTAGOREY DAY** **AUGUST 6**  
www.edwardgoreyhouse.org



View Our Full Calendar of Events Online

[www.yarmouthcapecod.com](http://www.yarmouthcapecod.com)

Funded in part by the Town of Yarmouth's Tourism Revenue Preservation Fund