

APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7:45 Dance Fit-B/b 9:00 Swedish Weaving-C 1 9:00 Bird Carving-B 9:15 YOGA-S 9:30 Oil/Watercolor Painting-A 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 11:30 Senior Dining-B/f 11:45 Duplicate Bridge-B/b 12:00 Dominoes Group-B 12:30 Legal Appointments-PO 1:30 Floating Bridge Group -S 2:00 Energy Committee-PO 6:00 ZUMBA -B/f	8:00 ZUMBA GOLD-B/f 2 9:00 Joe Guardino Fitness-B/b 9:00 Seashell Quilter-A 10:30 AA Closed Meeting-B 10:45 YOGA-S 11:00 Men's Sports Roundtable-A 11:30 Senior Dining-B/f 12:30 Contract Bridge-S 1:00 Ladies Poker-S 1:00 Hand & Foot-S 1:00 Tai Chi-B/f 1:00 Low Relief Carving-B 1:00 Crafters & Quilters-A 3:00 Joe Guardino Fitness-B/f 3:30 Age-Friendly Community Mtg-C 5:00 Weight Watchers-B/f	7:45 Dance Fit-B/b 3 8:30 Tax Prep-B 9:00 Yarmouth Travel Club-PO 9:30 FOYCOA BOD MTG.-C 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:00 Scrabble-S/b 11:30 Senior Dining-B/f 12:00 Blood Pressure Clinic-S/f 12:00 Cribbage-B/b 1:00 Ladies Poker-B/b 1:00 Mahjongg-B/b 1:30 Meditation-S 1:30 Floating Bridge Group-B/b 2:00 Buried in Treasure Workshop-C	8:00 ZUMBA GOLD-B/f 4 8:30 Tax Prep-B 9:00 Joe Guardino Fitness-B/b 10:30 Co-ed Choral Group-B/f 11:00 Bereavement-C 11:45 Duplicate Bridge-B/b 12:30 Men's Cooking-K & B/f-9/10 12:30 Men's Poker-S/f 1:00 Knitters Class-S/f 1:30 Floating Bridge Group-S/b 1:00 SCOPA-S/f 1:00 Hand & Foot-S 2:00 Grief Recovery-C 3:00 Joe Guardino Fitness-B/f 6:00 ZUMBA -B/f	7:45 Dance Fit-B/b 5 9:30 Bingo-B/f 9:30 State Rep. Will Crocker-C 10:00 Joe Guardino Fitness-B/b 10:30 YOGA-S 11:30 Senior Dining-B/f 12:30 Contract Bridge-B/b 12:30 Mahjongg Game Day-B/b 1:15 Restorative Pilates-S 2:00 Brown Bag-A & B 3:00 Bit of Bliss Yoga-S
7:45 Dance Fit-B/b 9:00 Swedish Weaving-C 8 9:00 Legal Appointments-PO 9:00 Bird Carving-B 9:15 YOGA-S 9:30 Oil/Watercolor Painting-A 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 11:30 Senior Dining-B/f 11:45 Duplicate Bridge-B/b 12:00 Dominoes Group-B 12:30 C C Men's Club Monthly BOD Mtg-C 1:00 Hearing Clinic-PO 1:30 Floating Bridge Group -S 2:00 American Legion-A 2:00 Energy Committee-PO 6:00 ZUMBA -B/f	8:00 ZUMBA GOLD-B/f 9 9:00 Joe Guardino Fitness-B/b 9:00 Seashell Quilter-A 9:00 Footcare-PO 10:30 AA Closed Meeting-B 10:45 YOGA-S 11:00 CC Men's Club Investment Group-C 11:30 Senior Dining-B/f 11:00 Men's Sports Roundtable-A 12:30 Contract Bridge-S 1:00 Hand & Foot-S 1:00 Tai Chi-B/f 1:00 Ladies Poker-S 1:00 Low Relief Carving-B 1:00 Crafters & Quilters-A 3:00 Joe Guardino Fitness-B/f 5:00 Weight Watchers-B/b	7:45 Dance Fit-B/b 10 8:30 Tax Prep-B 9:00 Yarmouth Travel Club-PO 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:00 Scrabble-S/f 11:30 Senior Dining-B/f 12:00 Blood Pressure Clinic-S/f 12:00 Cribbage-B/b 1:00 Ladies Poker-B/b 1:00 Mahjongg-B/b 1:30 Meditation-S 1:30 Floating Bridge Group-B/b 2:00 Buried in Treasure Workshop-C	8:00 ZUMBA GOLD-B/f 11 8:30 Tax Prep-B 9:00 Joe Guardino Fitness-B/b 10:30 NO Co-ed Choral Group 11:45 Duplicate Bridge-B/b 12:30 Men's Cooking-K & B/f-10/10 12:30 Men's Poker-B/f 1:00 Ladies Poker-S 1:00 Knitters Class-S/b 1:00 Hand & Foot-S 1:30 Floating Bridge Group-S/b 1:00 SCOPA-S/f 2:00 Grief Recovery-C 3:00 Joe Guardino Fitness-B/f 6:00 ZUMBA -B/f	7:45 Dance Fit-B/b 12 8:30 Tax Prep-B 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:30 YOGA-S 10:30 Caregiver's Support Group-C 11:30 Senior Dining-B/f 12:30 Contract Bridge-B/b 12:30 Mahjongg Game Day-B 1:00 Bay to Sound-A 1:15 Restorative Pilates-S 1:30 Active Adult Wellness Fair-B/f 3:00 Bit of Bliss Yoga-S
Patriot's Day Senior Center Closed	8:00 ZUMBA GOLD-B/f 16 9:00 Joe Guardino Fitness-B/b 9:00 Seashell Quilters-A 9:00 Footcare-PO 10:30 AA Closed Meeting-B 10:45 YOGA-S 11:30 Senior Dining-B/f 11:00 Men's Sports Roundtable-A 12:30 Contract Bridge -S 1:00 Hand & Foot-S 1:00 Garden Club-F/B 1:00 NO Tai Chi 1:00 Sight Loss Services-C 1:00 Low Relief Carving-B 1:00 Ladies Poker-S 1:00 Crafters & Quilters-A 4:00 Joe Guardino Fitness-B/b	7:45 Dance Fit-B/b 17 9:00 Yarmouth Travel Club-PO 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:00 Scrabble-B 11:30 Senior Dining-B/f 12:00 Blood Pressure Clinic-S/f 12:00 Cribbage-B/b 1:00 Mahjongg-B/b 1:00 Ladies Poker-B/b 1:00 Grace & Frankie-AGEISM Netflix-A 1:30 Meditation-S 1:30 Floating Bridge Group-B/b 2:00 Buried in Treasure Workshop-C	8:00 ZUMBA GOLD-B/f 18 9:00 Joe Guardino Fitness-B/b 10:00 CC Men's Club Energy Session-Off Site Mtg 10:30 Co-ed Choral Group-B/f 11:00 Bereavement-C 11:45 Duplicate Bridge-B/b 12:30 Men's Poker-S/f 12:30 BOCCE Annual Meeting-B/f 1:00 Knitters Class-S/b 1:30 Floating Bridge Group-S/f 1:00 SCOPA-S/f 1:00 Hand & Foot-S 1:30 Floating Bridge Group-S 2:00 Grief Recovery-C 3:00 Joe Guardino Fitness-B/f 6:00 ZUMBA -B/f	7:45 Dance Fit-B/b 19 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:30 YOGA-S 11:30 Senior Dining-B/f 12:30 Contract Bridge-B/b 12:30 Mahjongg Game Day-B 1:00 Hepatitis C Workshop-B/f 1:15 NO Restorative Pilates 3:00 Bit of Bliss Yoga-S
7:45 Dance Fit-B/b 9:00 Swedish Weaving-C 22 9:00 Bird Carving-B 9:00 Legal Appointments-PO 9:15 YOGA-S 9:30 Oil/Watercolor Painting-A 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 11:30 Senior Dining-B/f 11:45 Duplicate Bridge-B/b 12:00 Dominoes Group-B 1:00 CC Elder Abuse Coalition-B/f 1:00 Cape Cod Civil War Roundtable-A 1:30 Floating Bridge Group-S 2:00 Energy Committee-PO 6:00 ZUMBA -B/f	8:00 ZUMBA GOLD-B/f 23 9:00 Joe Guardino Fitness-B/b 9:00 Seashell Quilters-A 9:00 Footcare-PO 10:30 AA Closed Meeting-B 10:45 YOGA-S 11:00 Men's Sports Roundtable-A 11:30 Senior Dining-B/f 12:30 Contract Bridge-S 1:00 Hand & Foot-S 1:00 Ladies Poker-S 1:00 Tai Chi-B/f 1:00 Low Relief Carving-B 1:00 Crafters & Quilters-A 3:00 Joe Guardino Fitness-B/f 5:00 Weight Watchers-B/f	7:45 Dance Fit-B/b 24 9:00 Yarmouth Travel Club-PO 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:30 Scrabble-B 11:30 Senior Dining-B/f 12:00 Blood Pressure Clinic-S/f 12:00 Cribbage-B/b 1:00 Grace & Frankie-AGEISM Netflix-A 1:00 Ladies Poker-B/b 1:30 Meditation-S 1:30 Floating Bridge Group-B/b 2:00 Buried in Treasure Workshop-C	8:00 ZUMBA GOLD-B/f 25 9:00 Joe Guardino Fitness-B/f 10:00 Dan Knapik Office Hours-C 10:30 NO Co-ed Choral Group 11:45 NO Duplicate Bridge 12:30 Men's Poker-S/f 1:00 Knitters Class-S/b 1:30 Floating Bridge Group-S 1:00 Hand & Foot-S 1:00 SCOPA-S/f 2:00 Grief Recovery-C 2:00 Parkinson's Support Group-B 3:00 Joe Guardino Fitness-B/f 6:00 ZUMBA -B/f	7:45 Dance Fit-B/b 26 9:00 Oral Hygiene-PO 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 10:30 YOGA-S 11:30 Senior Dining-B/f 12:30 Contract Bridge-B/b 12:30 Mahjongg Game Day-B/b 1:15 Restorative Pilates-S 3:00 Bit of Bliss Yoga-S
7:45 Dance Fit-B/b 9:00 Swedish Weaving-C 29 9:00 Bird Carving-B 9:15 YOGA-S 9:30 Oil/Watercolor Painting-A 9:30 Bingo-B/f 10:00 Joe Guardino Fitness-B/b 11:30 Senior Dining-B/f 11:45 Duplicate Bridge-B/b 12:00 Dominoes Group-B 12:30 Legal Appointments-PO 1:30 Floating Bridge Group-S 2:00 Energy Committee-PO 6:00 ZUMBA -B/f	8:00 ZUMBA GOLD-B/f 30 9:00 Joe Guardino Fitness 9:00 Seashell Quilters-A 10:30 AA Closed Meeting-B 10:45 YOGA-S 11:00 Men's Sports Roundtable-A 11:30 Senior Dining-B/f 12:30 Contract Bridge-S 1:00 Hand & Foot-S 1:00 Ladies Poker-S 1:00 Tai Chi-B/f 1:00 Low Relief Carving-B 1:00 Crafters & Quilters-A 3:00 Joe Guardino Fitness-B/f 5:00 Weight Watchers-B/f			